# FOOD MEND <br> ORDER AND PAY <br> FROM YOUR TABLE 



## PLATES FOR SHARING <br> ...or for those with big appetites.

```
MACHO NACHOS (1)

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 986 kcal
+ BBO PULLED BEEF RIB +300 kcal +2.75
+ JERK CHICKEN \& CHIPOTLE JAM +177 kcal + 2.50
CHICKEN WING PLATTER
12.75

Salt \& pepper prime chicken wings with your choice of three dips 1430 kcal
BLUE CHEESE +47 kcal
BUFFALO HOT SAUCE +5 kcal
BBO +54 kcal
GARLIC PIZZA BREAD ©
4.75

Our stone-baked pizza base brushed with real garlic butter 854 kcal

CHEESY OARLIC PIZZA BREAD (V) 5.75 Our stone-baked garlic pizza bread topped with mozzarelta 1158 kcal

\section*{CRISPY KING PRAWNS}

Served with a wedge of lemon and a sriracha mayo dip 428 kcal

\section*{SPICY CHICKEN OUESADILLA \\ 5.50}

Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 601 kcal

\section*{BBO PULLED BEEF TACOS}

\subsection*{5.75}

Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and sriracha mayo 806 kcal

\section*{SNACK NACHOS ©}
4.75

Tortilla chips topped with nacho cheese
sauce, guacamole, salsa, sour cream and jalapeños 493 kcal

\section*{CALAMARI STRIPS}

Panko crumbed calamari strips, served with
a wedge of lemon and sweet chilli sauce 272 kcal

DRUNKEN MUSHROOMS (1)
5.50 LAMB KOFTA SKEWERS

Persian-style lamb koftas with mint \& cucumber dressing and chilli jam 390 kcal
MELTED CHEESE DIPPERS ( \(\quad 5.75\)
Served with sweet chipotle chilli jam 593 kcal
CHORIZO \& HALLOUMI SKEWERS 5.50
Served with sweet chipotle chill jam 505 kcal

\section*{BBOQ PORK BAO BUNS \\ 5.50}

Two bao buns filled with sticky BBQ pulled pork, crunchy slaw and sriracha mayo 626 kcal

BBO CAULIFLOWER BITES (1) 5.50
Crispy roasted cauliflower with BBQ sauce 208 kcal

SWEET POTATO FALAFELS (1)
5.25

Sweet potato \& apricot chutney falafels*" with hummus and chipotle chillijam 272 kcal

\section*{DIRTY FRIES}

Seasoned fries covered in nacho cheese sauce and topped with bacon, Frank's RedHot \({ }^{\oplus}\) Sauce, jalapeños and spring onions 656 kcal

\section*{FIERY FRIES (1)}

Fries tossed in a fiery Cajun seasoning and
served with a ranch dip" 527 kcal
\begin{tabular}{lr|}
\hline HOT \& KICKIN' CHICKEN & \(\mathbf{5 . 5 0}\) \\
BITES 611 kcal & \\
Choose a dip from below & \\
10oz" SALT \& PEPPER & \(\mathbf{5 . 7 5}\) \\
PRIME CHICKEN WINGS 484 kcal \\
Choose a dip from below \\
DIP IT REAL GOOD \\
BLUE CHEESE +47 kcal & \\
BUFFALO HOT SAUCE +5 kcal \\
BBO +54 kcal \\
\hline
\end{tabular}

Beer-battered mushrooms* with sour cream and blue cheese dip 351 kcal

\section*{GOURMET BURGERS}

Served in a toasted brioche-style linseed bun with our signature burger sauce, lettuce and red onion, with a side of seasoned fries and crunchy slaw.
\begin{tabular}{|c|c|}
\hline CHEESE \& BACON \(\quad \begin{aligned} & \text { DOUBLE } \\ & \\ & 11.75\end{aligned}\) & THE HERBIVORE (1) \(\quad\) DOUBLE \(\begin{aligned} \text { S } \\ \text { SINGLE } \\ 9.25\end{aligned}\) \\
\hline Prime beef patty with streaky bacon and melted Monterey Jack cheese & \(100 \%\) plant-based juicy burger served with tomato salsa \\
\hline DBL 1369 kcal | SGL 1168 kcal & DBL 1127 kcal | SGL 906 kcal \\
\hline BEEF, MAC ' N ' JACK 11.25 & CRISPY CHICKEN STACK 9.75 \\
\hline Prime beef patty, crispy BBQ glazed pulled beef rib, Monterey Jack cheese topped with Cheddar mac 'n' cheese 1290 kcal & Two crispy, Southern-fried chicken fillets topped with streaky bacon 1192 kcal \\
\hline DOUBLE SIINGLE & HOT CHICK STACK 9.75 \\
\hline NOTORIOUS P.I.G. 11.75 9.75 & Two crispy, Southern-fried chicken fillets with \\
\hline Prime beef patty stacked with & chipotle chilli jam, Monterey Jack cheese, hot \\
\hline BBQ pulled pork, melted Monterey Jack cheese and battered onion rings & \begin{tabular}{l}
honey and jalapeños 1272 kcal \\
DOUBLE SINGLE
\end{tabular} \\
\hline DBL 1682 kcal | SGL 1418 kcal & CHARGRILLED 9.75 7.75 \\
\hline  & CHICKEN FILLET \\
\hline BEEF BURGER & DBL 1015 kcal | SGL 839 kcal \\
\hline
\end{tabular}

\section*{BEEF BURGER}

DBL 1065 kcal | SGL 864 kcal


\section*{FEELING A LITTLE EXTRA?:}
+ STREAKY BACON \(+174 \mathrm{kcal} \quad+1.00\)
+ BBO PULLED PORK +236 kcal + 2.00
+ BBOX PULLED BEEF RIB +300 kcal + 2.75
+ MONTEREY JACK CHEESE (1) + 1.00 +131 kcal
+ BATTERED ONION RINGS (1) + 2.00
+752 kcal
+ MAC 'N' CHEESE (1) +307 kcal + 2.00
UPGRADETO
TWISTER FRIES \(£ 1.00\)
+674 kcal

\section*{BBO CHICKEN SUPREME}
9.95

Spicy pulled chicken, mozzarella, red pepper and red onion on a BBQ sauce base 1305 kcal

MARGHERITA (
8.75

Classic mozzarella and tomato base 1039 kcal VEGAN ALTERNATIVE AVAILABLE (17) 915 kcal

HAM \& MUSHROOM
Ham, mozzarella and sliced flat mushrooms 1192 kcal
PEPPERONI
Pepperoni and mozzarella 1455 kcal9.95

\section*{MEAT FEAST}

Pulled beef rib, pulled pork, spicy pulled chicken, pepperoni and mozzarella 1731 kcal

\section*{MAC'S GOT BEEF}
10.75

Pulled beef rib tossed in BBQ sauce topped with Cheddar mac \& cheese and crispy onions 1690 kcal

THAT'S HOT HONEY
10.95

Pulled pork, chillies, spring onions, chorizo, drizzled with hot honey 1917 kcal

\section*{GARDEN PARTY (C)}
9.75

Flat mushrooms, baby spinach, mozzarella,
red peppers and red onion 1075 kcal VEGAN ALTERNATIVE AVAILABLE (179 950 kcal

\section*{"MEAL DEAL DRINKS}

A pint of Carling \({ }^{\oplus}\). Guinness \({ }^{\oplus}\). Coors \({ }^{\circledR}\), a 175 ml house red, white or rosé wine, or 180 Pepsi Max \({ }^{\circledR}\) (1 kcal), Diet Pepsi® \({ }^{\oplus}\) kcal) or Lemonade (12 kcal).

\section*{(10)}

ADD
51.50

\section*{}

Beef up your meal with a juicy steak or mixed grill. Served with seasoned fries and guaranteed to fill you up.

\section*{80ı\# RUMP STEAK}
11.50

Chargrilled aged prime steak, seasoned with black pepper and salt, served with grilled tomato, flat mushroom, garden peas, seasoned fries and your choice of sauce 872 kcal
DOUBLE UP TO A 16oz\# 1281 kcal 14.50
CHOOSE A SAUCE:
PEPPERCORN SAUCE* \(+82 \mathrm{kcal} \quad+1.95\)
BBOQ SAUCE \(+54 \mathrm{kcal} \quad+1.00\)

\section*{CLASSIC MIXED GRILL}

Small rump steak, half a gammon steak, chicken fillet, Irish pork \& leek sausage and a fried free-range egg. Served with seasoned fries, garden peas, flat mushroom and a grilled tomato 1207 kcal
MEGA MIXED GRILL15.50
8oz" rump steak, \(70 z^{\#}\) gammon steak, two lrish pork \& leeksausages and a chicken fillet, all grilled to perfection. Servedwith a fried free-range egg, seasoned fries, garden peas,flat mushroom and a grilled tomato 1681 kcal
70# \({ }^{\text {G }}\) GMMON STEAK9.50
Served with a fried free-range egg, grilledgarden peas and seasoned fries 771 kcalDOUBLE UP TO A 14oz̈ 967 kcal11.25
TOP IT OFF
CRISPY KING PRAWNS ..... +2.50Add crispy king prawns to your steak to makeit a Surf \& Turf +176 kcal
BATTERED ONION RINGS (1) +752 kcal ..... \(+2.00\)
MAC 'N' CHEESE (1) +307 kcal ..... +2.00

\section*{FLATBREADS\&PANINIS}

Served with crunchy slaw and your choice of seasoned fries (+337 kcal) or a dressed side salad ( +194 kcal ).
TUNA \& CHEESE MELT PANINI ..... 7.25
Tuna with mayo and melted Monterey Jack cheese 808 kcal
JERK CHICKEN FLATBREAD7.75Pulled Jerk chicken, salad, cucumber \& mint dressing and
sweet chipotle chillijam topped with crispy onions 589 kcal
BBOD PULLED PORK FLATBREAD7.25
Pulled pork in a BBQ glaze with melted Monterey Jackcheese 1060 kcal
SOUTHERN-FRIED CHICKEN FLATBREAD7.25
Southern-fried chicken with gem lettuce andsweet chilli sauce 697 kcal
Grilled rump steak, red onions and mushrooms, smothered in a cheese sauce and served in a warm ciabatta 592 kcal
HAM \& CHEESE MELT PANINI 7.25
Sliced ham and melted Monterey Jack cheese 718 kcal
FALAFEL \& HUMMUS FLATBREAD (13
Sweet potato \& apricot chutney falafel** with hummus, salad and cucumber \& mint dressing 510 kcal

\section*{Classica DONE RIGHT}

If you don't fancy exploring something new. then the classics could be for you.

KASHMIRI-STYLE CHICKEN TIKKA MASALA 9.75
Served with mint \& coriander rice, flatbread and topped with spring onion, coriander and chilli 797 kcal

\section*{STEAK \& GUINNESS \({ }^{\circledR}\) PIE}
10.75

Slow-cooked beef in a Guinness** and onion gravy with puff pastry, served with steamed veg, gravy and seasoned fries 1229 kcal
SAUSAGES AND MASH ..... 8.75

Irish pork \& leek sausages with mash, steamed veg and gravy 972 kcal
VEGGIE ALTERNATIVE AVAILABLE (1) \(585 \mathrm{kcal} \mathbf{8 . 7 5}\)
SMOTHERED CHICKEN 9.25
Southern-fried chicken fillets and streaky bacon, topped with melted Monterey Jack cheese and BBQ sauce, served with seasoned fries 1029 kcal

\section*{MAC 'N' CHEESE (1)}

Macaroni in a Cheddar cheese sauce, served
with garlic bread slices 824 kcal
TOP WITH:
+ BBO PULLED BEEF RIB +300 kcal +2.75
+ GRILLED CHICKEN FILLET +176 kcal +2.50
+ STREAKY BACON \(+174 \mathrm{kcal} \quad+1.00\)
+ JERK CHICKEN \& CHIPOTLE JAM \(+177 \mathrm{kcal} \quad+2.50\)
FISH \& CHIPS \({ }^{\dagger} \quad 10.25\)
Pale Ale battered" fish with seasoned fries, tartare sauce and mushy peas 919 kcal
PANANG CURRY (1)
9.75

Served with mint \& coriander rice and flatbread 778 kcal

\section*{MAKE EVERY DAY A SALAD DAY}

\section*{THE WHOLEFOOD BOWL VE}

Crispy BBQ-roasted cauliflower, crunchy slaw, tabbouleh, baby gem lettuce, cucumber, spinach and cherry tomatoes, tossed in a cucumber \& mint dressing 370 kcal
TOP WITH:
+ GRILLED CHICKEN FILLET
AND STREAKY BACON \(+350 \mathrm{kcal} \quad+3.00\)
+ FALAFEL* AND HUMMUS VE \(+212 \mathrm{kcal} \quad+2.00\)
+ HALLOUMI \(\mathbb{V}+398 \mathrm{kcal} \quad+2.50\)
+ GRILLED CHICKEN FILLET \(+176 \mathrm{kcal}+2.50\)
+ HOT HONEY V +91 kcal +75

\section*{HUNGRY FOR MORE? HAVE A SIDE OR TWO}
\begin{tabular}{ll} 
TWISTER FRIES © 674 kcal & \(\mathbf{3 . 0 0}\) \\
BATTERED ONION RINGS © 752 kcal & \(\mathbf{2 . 0 0}\) \\
GARDEN PEAS (1) 159 kcal & \(\mathbf{1 . 0 0}\) \\
MUSHY PEAS (17) 134 kcal & \(\mathbf{1 . 0 0}\) \\
DRESSED SIDE SALAD © (17) 194 kcal & \(\mathbf{2 . 0 0}\) \\
SEASONED FRIES © 337 kcal & \(\mathbf{2 . 0 0}\)
\end{tabular}

\section*{HELLO PUDDIN'}

SALTED CARAMEL CHOC ICE (V)
Salted caramel ice cream bar, covered in rich chocolate and a caramel biscuit base,
with Belgian chocolate sauce 486 kcal
CREAMY RASPBERRY TORTE (17)
Vegan alternative to a frozen cheesecake
(made with coconut oil). with a creamy topping
and biscuit base, with strawberry sauce 450 kcal

\section*{CHURROS}
4.25

Tossed in cinnamon sugar, served with
chocolate sauce and whipped cream 487 kcal

\section*{CHOCOLATE BROWNIE v}
4.25

With Irish dairy vanilla ice cream and
Belgian chocolate sauce 813 kcal

\section*{FANCY A}

WHY NOT FINISH YOUR MEAL WITH
A PORNSTAR OR ESPRESSO MARTINI?```

